## 'Water constitutes the principle of all things'. Thales of Miletus



The dietary supplement 'C<sub>60</sub>Water of Life' belongs to a completely new generation of products with a multidimensional systematic effect on the human body.

Since 1994, the product's high medicinal and nutraceutical properties have been proven through years of scientific research and official pre-clinical and clinical tests. In scientific publications and on the Web, the product corresponds to the following abbreviations:  $C_{60}FWS$ , OW and Water Solution of  $C_{60}HyFn$ .

Ingredients: High-purity water and molecular carbon -  $C_{60}$  Fullerene. Each 100 ml of the product contains 0.0002 mg of Hydrated  $C_{60}$  Fullerene.

C<sub>60</sub> Fullerene is a natural compound, the spherical molecule of which consists of only 60 carbon atoms and has the size of less than 1 nanometer.

**Hydrated C**<sub>60</sub> **Fullerene (C**<sub>60</sub>**HyFn)** - is the specific macromolecular structure in which the carbon  $C_{60}$  molecule is surrounded by extended and highly ordered layers of water shells, the structures of which corresponds strongly to the structures of water of healthy human body and its natural deterministic biological structures .

Water makes up (75-80%) of the human body. The state and structures of this water determines the healthy function of all of the body's biological structures. Therefore, the human health restoring and maintaining should start from first principles - Restoring the Internal Water Homeostasis of Our Body.

#### Universal antioxidant.

This "aqueous-carbon" product has unique antioxidant properties. The biological mechanisms of its effects differ fundamentally from the biological activity mechanisms of many traditional antioxidants. Its antioxidant properties are hundreds or thousands of times more effective than such familiar antioxidants like vitamin A, C, or E, as well as natural carotenoids, flavonoids, etc.

As a result of years of research, it was found that a product containing a small dose of Hydrated  $C_{60}$  Fullerene exhibits an extensive and universal range of exclusively beneficial biological effects, namely:

- regulates lipid peroxidation processes, and contributes to the normalization of the lipid composition of cell membranes, increasing their resistance to exposure from unfavorable factors;
- restores energy supply processes within cells;
- activates the processes of cell differentiation and tissue regeneration;
- activates the body's own antioxidant defense system;
- has positive immune modulating properties and protects the immune system from disturbing factors;
- has long-lasting antihistamine and anti-inflammatory effects;
- possesses antiatherogenic and hypolipidemic properties;
- is a highly effective hepato-, cardio- neuro- and radiation protector;

- possesses pronounced anti-ulcer, anti-burn and woundhealing properties, especially in combination with mild antibacterial drugs and remedies;
- possesses adaptogenic and anti-stress properties;
- inhibits the development of negative age-related changes (e.g. aging, menopause, body dehydration, etc.).

## Applications.

The product is recommended as a dietary supplement for the restoration and maintenance of optimal water structures of cells, tissues, organs and systems of yoyr body, in order to:

- improve mood, increase energy and strengthen significantly the body's own defensive and adaptogenic functions;
- increase resistance to infectious and viral diseases and provide effective prevention of colds and flu in the autumn and winter periods;
- prevent the development of cardiovascular pathologies associated with atherosclerosis and eliminate the causes of atherosclerosis;
- protect the liver from diseases caused by various etiological factors;
- significantly reduce the risk of ontological diseases;
- increase physical and mental stamina;
- eliminate the consequences of stress, depression and chronic fatigue syndrome;
- improve the skin tone of your face and body;
- extend the active period of life and maintain good health.

The product is recommended for those individuals who, in their profession or for diagnostic purposes, will be subjected to or exposed to ionizing radiation.

# For multimodality therapy (including sanatorium and spabased treatments).

In consultation with a physician, this dietary supplement can be part of a multimodality therapy. This application makes it possible to increase the effectiveness of traditional therapy, as well as shorten courses of treatment of diseases, such as:

- ulcerative diseases of the stomach and duodenum;
- liver pathology of viral and toxic etiology;
- viral, respiratory and ENT-diseases;
- gall bladder and pancreatic illnesses, including the initial stages of diabetes;
- neuro-degenerative diseases (Alzheimer's, Parkinson's, multiple sclerosis, etc.)
- inflammatory diseases of the locomotor apparatus;
- various forms of functional infertility and impotence.

Use of this product reduces side effects arising during anticancer radiation therapy and chemotherapy, as well as improving the tolerance to these procedures and increasing remission periods.

By using the product in the pre- and post-operative period, it can reduce the body's recovery time following surgical interventions and reduce the risk of disease relapse.

Use of the product simultaneously with other drugs can increase the <u>effectiveness</u> of the latter. This may make it possible to reduce drug dosages, especially potent drugs. The usage of this product as an additional treatment to primary therapy should be agreed upon in consultation with your doctor.

The dietary supplement 'C<sub>60</sub>Water of Life' is not considered as drug.

#### Contraindications.

Extended pre-clinical studies and clinical trials identified no contraindications and confirmed the safety of the dietary supplement. However, it is not yet recommended for children under 14 and pregnant or lactating women, as this contingent was not part of the systematic clinical trials.

# Mode of Administration and Dosage Recommended single course of treatment

Drink 50 ml (or three tablespoons) in small sips 15-20 minutes before a meal:

- first 3 days three times a day,
- next 3 days twice a day,
- over the next 15 days once a day.

1.5 I of the product (three 0.5 I bottles) constitutes a full course. The course should be repeated 3-4 times per year.

In order to maintain the overall health of the body, as well as for the prevention of viral infections (ARD, influenza, etc.), drink a small amount (50 ml) in small sips: 2 times a day over the first 7 days and once a day over the next 7-10 days. Take on an empty stomach, 15-20 minutes before meals.

The product may be used as nose drops during the initial stages of ARVI: 2-3 drops in each nostril, 2-3 times a day, until the desired effect is achieved.

#### General health-improving, healing baths.

Add the product to clean bathwater at the desired comfortable temperature and mix thoroughly. Product consumption: 100 ml (1/2 cup) for every 100 liters of water. Recommended duration of bath is 15-20 minutes.

# For cleansing enemas.

Add 1 part of the product to every 10 parts of the enema fluid. For example, add 100 ml of the product to 1 liter of fluid, then stir the resulting mixture thoroughly for 1 minute.

#### Product in ice form.

This is u sed for soothing the body's surface during inflammatory processes of the skin, after minor burns and as a cosmetic procedure. It can also be added to drinks.

For ice cubes, freeze the product in small ice molds in the refrigerator. When frozen, a structure similar to an aster flower will form in the transparent ice. For external applications, apply the ice cube to the inflamed area for 10-15 seconds, 2-3 times a day.

## Eliminating or mitigating hangovers from alcoholic excess.

Take 50 ml of the product before and after consumption of alcohol. In the event of a hangover, take 50 ml every 2-3 hours, until symptoms disappear.

## Storage conditions and period.

Store in the original container at a temperature from 5°C to 25°C. Shelf-life is one year.



## Developer and Manufacturer.

Institute of Physiological Active Compounds LLC, 58, Lenin Avenue. 61072, Kharkov, Ukraine. Tel./fax: +38 057 7630521, +38 057 7630544.

E-mail: info@ipacom.com

Institute website: <a href="www.ipacom.com">www.ipacom.com</a>
Product website: <a href="www.c60water.com">www.c60water.com</a>